# St. Matthew School Lunch Policy

### Cost

Lunch is \$4.10 for students and \$5.10 for adults. Lunch is governed by the National School Lunch Program and includes a variety of protein, grains, fruits, vegetables, and dairy each day. Students may choose to bring their lunch from home. Milk may be purchased to accompany a home lunch for \$0.50 per carton. Various a la carte snacks that fall under the Archdiocesan Health and Wellness policy may be purchased for \$1.00. Frozen yogurt may be available for \$1.50. Guests may make advance arrangements to join their student for lunch and may purchase a meal at the adult rate.

Some families may automatically qualify for free or reduced priced meals through direct certification from the state of Indiana. These families are not required to submit an application for free or reduced priced meals. Free and reduced lunch prices are also available for those families who are not directly certified through the state but qualify based on income. Applications for free or reduced priced lunch are available in the school office. You may also <u>click here for the application</u> in <u>English</u> or <u>click here for the application in Spanish</u>. If a student has previously been approved for free or reduced priced lunches based on application, the approval will carry over for the first 30 calendar days of the new school year. Applications must be recertified each school year. All student eligibility is confidential.

If a student chooses to bring a home lunch to school, please consider an emphasis on healthy options vs. less nutritious options. No gum, candy, or soda is allowed. For the safety of our students, please do not pack glass containers.

# MealTime

No cash sales will be handled through the lunch line. St. Matthew Catholic School utilizes MealTime, an electronic point of sale system to track student purchases. Each student is assigned a Personal Identification Number (PIN) that will be used for all purchases. Families may set up an account at MyMealTime.com to view transaction history, to place controls on the account, and to make deposits to each student's lunch account. Families may also set up recurrent payments to MealTime. Mealtime charges a transaction fee (4.9%) to deposit money electronically to your student's lunch account. In the event you choose to send in cash or a check, please place the funds in an envelope, marked clearly with your student's name and homeroom, and turn it into the office.

#### Overdrawn lunch accounts

Payment is due at time of service. Students may be afforded the opportunity to overdraw their lunch accounts by the price of three (3) lunches. No student will be denied a meal, however, in efforts to avoid your student being served an alternate meal, please consider keeping lunch account balances current. Students may not purchase a la carte snacks or frozen yogurt on an overdrawn account. If you need to make arrangements to fund your student's lunch account,

please reach out to Elizabeth Ewing at <u>eewing@saintmatt.org</u>. All account balances and arrangements are confidential.

#### Allergies

Under the National School Lunch Program, St. Matthew can accommodate those students with medical allergies. All students that require meal modification must have a documented statement from a medical professional outlining allergies and modifications on file at St. Matthew.

In efforts to protect each of our students, sharing of food items is strictly prohibited in the cafeteria.